

Student-Athlete Resource Center

As of November 16th, 2006

Mission Statement

Note: Mission represents an expanded statement of purpose. Your unit's mission statement must be consistent with the University's mission statement. You should be able to see how the mission statement of your unit complements the identified mission of the University.

Mission: The Student-Athlete Resource Center (SARC) provides student-athletes with the support to develop as independent and successful young adults and the skills to achieve their academic goals, to persist towards graduation, and to meet all NCAA eligibility requirements. SARC offers academic advising, tutoring and mentoring, NCAA rules compliance and eligibility education, financial services support, and life skills programming for all student-athletes of Sacramento State's Division I Intercollegiate Athletics program. SARC's services and programming are provided in an assortment of ways, including; individual advising, orientations, group and team meetings, coaches' compliance and rules education sessions, freshmen seminar classes, and a variety of student development and academic workshops.

Rationale: SARC staff helps student-athletes navigate through many of the campuses' academic procedures and policies, understand NCAA rules compliance and eligibility requirements, and provide services that place student welfare and the development of the whole student as a top priority. In addition, the SARC assists athletic coaches, staff, faculty, and administration in achieving overall integrity and success within our Division I athletics program.

Planning Goals

Note: Goals are broad statements that describe the overarching long-range intended outcomes of an administrative unit. These goals are usually not measurable and need to be further developed as separate distinguishable outcomes, that when measured appropriately, provide evidence of how well you are accomplishing your goals. They are primarily used for general planning and are used as the starting point to the development and refinement of outcomes.

(From the "Administrative Assessment Handbook" University of Central Florida)

- Provide student-athletes with the support to develop as independent and successful young adults
- Provide student-athletes with the skills to achieve academic goals
- Provide student-athletes with the skills to persist towards graduation
- Provide student-athletes with the skills to meet all NCAA eligibility requirements

Planning Objectives

Note: Objectives are specific statements that describe desired outcomes identified by an administrative unit. They are derived from the goal statements of the unit. Objectives may relate to the operations and processes of the unit and may also relate to intended behaviors that a student having used the services provided by the unit should demonstrate. ("Administrative Assessment Handbook" University of Central Florida)

Objective 1: To increase student-athletes comprehension of GE requirements, campus academic policies, NCAA academic requirements and how to access other campus support services, such that 75% of student-athletes surveyed/tested will demonstrate a "good" understanding of these services, support, and policies. (80% score or higher on post-programming tests/surveys).

Rationale: A primary role of SARC is to provide students with information required for continued academic success. The Center will measure student understanding in order to gauge its effectiveness and improve support services to students.

Possible Measures:

- Survey and direct testing of all student athletes will assess their understanding of GE requirements, campus academic policies, NCAA academic requirements and how to access other campus support services. At least 60% of students surveyed will indicate that they have a "good" or "very good" understanding and are "satisfied" or "very satisfied" with the services of SARC.

Objective 2: To form a standing NCAA CHAMPS Life Skills/Student-Athlete Development Committee by the conclusion of the Spring 2007 semester to review the future of the program and make recommendations regarding program development. The committee would be made up of coaches, student-athletes, campus student affairs representatives, the Senior Woman Administrator from Athletics and the Coordinator of Life Skills and Student-Athlete Development.

Rationale: The NCAA CHAMPS Life Skills/Student-Athlete Development Program has been developed primarily by the Coordinator of Life Skills and Student-Athlete Development. The program's future development needs input from student-athletes, coaches, athletic administration and campus student affairs representatives. The development of a committee including all of these constituents would greatly enhance the development and future direction of the program.

Possible Measures:

Review of the program by committee members and the development of an assessment survey to review the needs and interests of student-athletes to see if the program is appropriately meeting their needs and what future enhancements can be made. Note to OIR/Off-campus consultants: Our measurable outcome will be the findings during the needs assessment process of the Life Skills Development Committee.

Objective 3: To increase the NCAA and affiliated athletic conferences rules educational opportunities to various populations internal to athletics and external to the University (student-athletes, coaches, faculty, staff, administration, boosters, corporate partners, etc.) such that at least 75% of constituents surveyed will indicate they have a "good" or "very good" understanding of these issues and are "satisfied" or "very satisfied" with these presentations. This will include attempting on an annual basis, to conduct three educational sessions for University departments and/or support services programs, four off campus education sessions for the community; one session for athletic interests (athletic boosters, etc) and continue current monthly coach's compliance meetings.

Rationale: To place the University in a pro-active position by educating, overseeing and monitoring the Athletic Department's NCAA and affiliated athletic conference rules compliance and maintaining a positive compliance environment.

Possible Measures:

- Survey of participants will assess their understanding and satisfaction with NCAA and affiliated conferences' compliance and athletic eligibility requirements at each of these rules education opportunities. At least 75% of constituents surveyed will indicate they have a "good" or "very good" understanding of these issues and are "satisfied" or "very satisfied" with these presentations.

Questions regarding the programs and outcomes delineated in this section should be addressed to Paul Edwards, Student-Athlete Resource Center. (916) 278-7796. edwardsp@csus.edu.